

Recipe for:

# Gourmet Chicken

NAME OF DISH

FROM THE KITCHEN OF

**Jan Janssen**

## INGREDIENTS

6 c. milk

4 cloves garlic, minced

6 T. real butter

1 tsp. salt

6 T. flour

1 T. oil

2 tsp. parsley

8-10 boneless chicken breasts

## DIRECTIONS

Flour chicken and brown. IN 6-quart saucepan, melt butter. Stir in flour, add milk slowly over low-medium heat. Add parsley, garlic and salt. Put chicken in crockpot. Pour sauce over chicken and cook 5-6 hours on low. Serves 8-10.